

Humlegaarden



PROSTATE CANCER – PSA less than 1 after 12 years

The patient is Norwegian – born 1932 – and was after 4 biopsies -diagnosed with prostate cancer in March 1997.

He came immediately to Humlegaarden with PSA of 18, and we started treatment with the mistletoe compound Helixor A from the Christmas tree, in increasing dosage together with Proscar – a 5-alfa reductase inhibitor.

Bone scintigraphy showed no metastases, and the patient did not want any operation, radiation or hormonal therapy.

His PSA was 29 in September 2002, and we doubled the Proscar dose with good effect on the PSA (18 in 2003) In July 2004 the PSA rose to 26,3 and we started treatment with the antiandrogen Casodex 50 mg daily, and one month later the PSA was down to 3,2. He then suddenly developed a heart attack and a stent was inserted in December 2004. The Casodex treatment was stopped, and we therefore started the herbal compound Prostasol, when the PSA was 29,6 in June 2005. 2 months later the PSA had dropped to 0,2!

In May 2006 the PSA rose to 46,9 after a long pause with Prostasol, and we started again the Prostasol treatment with 3x3 capsules daily and changed from Proscar to Avodart, another 5-alpha reductase inhibitor. Also the milk thistle *Carduus marianus* was given and in August the PSA again was down to 0,2.

In April 2007 PSA was 10,1 because the patient had been pausing with Prostasol, but after resuming this, PSA dropped to less than 0,1 in November 2007.

PSA was 27,9 in July 2008 and in August 49,3, and we now started the metronomic therapy with Estracyt (a combination of the chemodrug Estramustin and two oestrogen substances) and at the end of September the PSA was 2, and we changed to pure estradiol 2 mg daily, and PSA in the middle of December 2008 was 0,64.

At our latest contact with the patient 16.12.08 he was very fine.

CONCLUSION:

After almost 12 years with prostate cancer the PSA is less than 1. He never had operation, radiation and antihormonal injections.

An alpha reductase inhibitor has been given in all 12 years, first Proscar and then Avodart, which reduces the dihydrotestosterone to 4 %. Also mistletoe injections and herbal supplements have been given in the whole period. From 2005 Prostasol has been given intermittently, and estrogen treatment has been given since August 2008

His general condition is very good.