

Humlegaarden



Prostate cancer - PSA reduction from 814 to 0,1 with the KEES protocol

A British dentist, born 1940, developed flu-like symptoms in July, 2008, with strong pain in the arms, shoulders and legs afterwards.

He had his PSA measured in August, 2008, in Spain where he lives – it was 814,3. A biopsy from the prostate showed aggressive cancer with a Gleason score of 8.

A bone scan in October, 2008, revealed no metastases. Treatment with Zoladex or Casodex was suggested, but he did not understand the philosophy behind these treatments and chose instead to come to Humlegaarden on 19th December, 2008.

He stayed here for 3½ weeks. We immediately started him on the metronomic KEES protocol with cyclofosfamide, ketoconazole, etoposide, estramustine and prednisone, all low dose and metronomic. Avodart (a 5-alfa reductase inhibitor) and the mistletoe compound, Helixor A in an increasing dose, were also given to the patient, and he was treated with local hyperthermia a.m. Oncotherm and whole body hyperthermia a.m. Heckel as well.

On 23.12.2008 we found a PSA of 598, and ultrasound on 29.12.2008 showed 3 lymphnode-conglomerates around lower abdominal part of aorta and in both sides of pelvis close to the walls. Also asymmetry and 3,8 x 1,9 cm big, heterogenous changes of the prostate, mostly in the right side.

The patient responded well to the therapy with a PSA reduction to 249 as early as on 30th December, 2008.

After his return to Spain, the PSA was reduced to 26 (on 20.01.2009), and in mid-February we modified the KEES protocol to a lower dosage.

On 28th May, 2009, the PSA has been reduced to 0,1, and the enlarged lymph glands are normalized.

We have therefore reduced the KEES protocol dosage even further.